

T1. Please record the day and date of the Diary Day, i.e. the day the activities relate to:

Day _____ Date _____ (dd) _____ (mm)

T2. Was this:

	Yes	No
A school day.....	<input type="checkbox"/> 1	<input type="checkbox"/> 2
A holiday or family celebration	<input type="checkbox"/> 1	<input type="checkbox"/> 2
A day when something special was happening in your home (someone was sick, someone was visiting, a family crisis)	<input type="checkbox"/> 1	<input type="checkbox"/> 2

T3. When did you fill in the diary? Please tick (✓) one box.

Now and then during the diary day 1

At the end of the diary day 2

The day after the diary day 3

Later 4

T4. About how many days after? _____ days after

T5. Did you (the Young Person) complete the diary (please tick one):

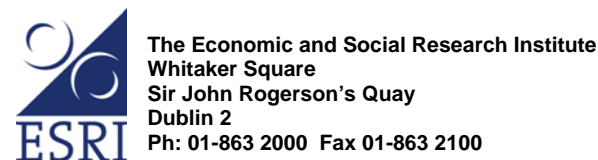
By yourself..... 1

With Mum / Dad..... 2

With other adult / older brother or sister 3

PLEASE RETURN THIS COMPLETED TIMEUSE DIARY IN THE ENCLOSED PRE-PAID ENVELOPE TO THE ECONOMIC AND SOCIAL RESEARCH INSTITUTE (ESRI).

THE ASSISTANCE OF YOU AND YOUR FAMILY IN THE GROWING UP IN IRELAND PROJECT IS GREATLY APPRECIATED AND WILL HOPEFULLY ASSIST ALL YOUNG PEOPLE IN IRELAND OVER THE COMING YEARS.



Area Code Household Code

GROWING UP IN IRELAND – the national longitudinal study of children

Time Use Diary

STRICTLY CONFIDENTIAL

As part of the *Growing Up in Ireland* project we would like to record details on how 13-year-olds in Ireland spend their time.

We would like you to complete the enclosed time-use diary as shown by the interviewer – your Mum or Dad can help you if you like. Simply mark the booklet to indicate what you were doing for each quarter hour in the day. To do this draw an arrow through the relevant 15 minute slots to indicate what you were doing.

If you were engaged in a number of activities in any given 15-minute time period we would like you to record your MAIN activity – for example if at some time in the course of the day you were watching TV and also eating a snack and if you considered your main activity to have been watching the TV at that time then record this in Line 15 – Watching TV, Films, Videos or DVDs rather than in Line 3 on Eating.

Once again we would like to assure you that all of the information provided will be treated in the strictest confidence and will not be revealed in any way which could be associated with your name or address.

Day on which we would like this diary to be completed:

DAY _____ **DATE** _____

