

T1. Would you describe the diary day as: [Tick all that apply]

An ordinary day	<input type="checkbox"/>	1	A family member was away from home	<input type="checkbox"/>	6
A holiday or family celebration	<input type="checkbox"/>	2	One of the Study Child's parents was ill	<input type="checkbox"/>	7
A school holiday	<input type="checkbox"/>	3	The Study Child was ill	<input type="checkbox"/>	8
A parent took some time off work	<input type="checkbox"/>	4	We had guests staying with us	<input type="checkbox"/>	9
The family dealt with a crisis	<input type="checkbox"/>	5		<input type="checkbox"/>	10

T2. When did you fill in the diary? Please tick (✓) one box.

Now and then during the diary day.....

At the end of the diary day.....

The day after the diary day.....

Later.....

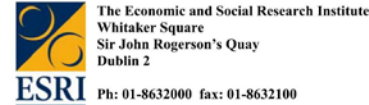
T3. About how many days after? _____ days after

T4. Did you complete it with Study Child? Yes.....

No.....

PLEASE RETURN THIS COMPLETED TIMEUSE DIARY IN THE ENCLOSED PRE-PAID ENVELOPE TO THE ECONOMIC AND SOCIAL RESEARCH INSTITUTE (ESRI).

THE ASSISTANCE OF YOU AND YOUR FAMILY IN THE *GROWING UP IN IRELAND* PROJECT IS GREATLY APPRECIATED AND WILL HOPEFULLY ASSIST ALL CHILDREN IN IRELAND OVER THE COMING YEARS.



Area Code Household Code Respondent Code

GROWING UP IN IRELAND – the national longitudinal study of children

Time Use Diary

STRICTLY CONFIDENTIAL

As part of the *Growing Up in Ireland* project we would like to record details on how 9-year old children in Ireland spend their time.

We would like you to complete the enclosed time-use diary with the Study Child as shown by the interviewer. Simply mark the booklet to indicate what the Study Child was doing for each quarter hour in the day. To do this draw an arrow through the relevant 15 minute slots to indicate what the Study Child was doing.

If a child was engaged in a number of activities in any given 15-minute time period we would like you to record their MAIN activity – for example if the child was watching TV and also eating a snack and if you consider his/her main activity to be watching the TV at that time then record this in row 15 – Watching TV and Videos/DVDs rather than in row 4 on Eating/Drinking.

Once again we would like to assure you that all of the information provided will be treated in the strictest confidence and will not be revealed in any way which could be associated with your name or address.

Day on which we would like this diary to be completed:

DAY _____ DATE _____

<i>Activity</i>	<i>am</i>											
	00.00 am 15 30 45	01.00 am 15 30 45	02.00 am 15 30 45	03.00 am 15 30 45	04.00 am 15 30 45	05.00 am 15 30 45	06.00 am 15 30 45	07.00 am 15 30 45	08.00 am 15 30 45	09.00 am 15 30 45	10.00 am 15 30 45	11.00 am 15 30 45
1. SLEEPING												
2. RESTING/RELAXING (doing nothing, 'time out')												
3. PERSONAL CARE (washing, dressing, toilet)												
4. EATING/DRINKING/HAVING A MEAL												
5. TRAVELLING TO AND FROM SCHOOL												
6. OTHER TRAVELLING (incl. leisure and domestic trips; dropping to games, matches etc)												
7. AT SCHOOL												
8. HOMEWORK												
9. PHYSICAL PLAY/EXERCISE/SPORTS (playground, running, chasing, football, judo, ballet,dance)												
10. PLAYING BOARD GAMES, CARDS etc.(card games, snakes & ladders, Monopoly, Trivial Pursuit etc)												
11. GENERAL PLAY (with toys, dolls,cars etc;dressing up,'playing house',imaginary or make believe games)												
12. HOBBIES AND OTHER LEISURE ACTIVITIES (crafts, model making, painting, music practice etc.)												
13. COMPUTER/INTERNET /PLAY STATION / X-BOX etc. (playing on computer, with computer games)												
14. EMAIL/ BEBO / MSN / TEXTING/ ON THE PHONE (contacting, messaging friends or others)												
15. WATCHING TV AND VIDEOS/DVDS etc												
16. READING BOOKS, COMICS, MAGAZINES ETC.												
17. HOUSEHOLD CHORES / HOUSEWORK												
18. VISITS TO A RELATIVE'S HOUSE FOR PURPOSES OTHER THAN PLAY												
19. ON A FAMILY OUTING (a trip out as a family)												
20. ON A SHOPPING TRIP (shopping for groceries, clothes etc.)												
21. RELIGIOUS ACTIVITY (attending religious services, prayer etc.)												
22. NOT SURE												

<i>Activity</i>	<i>pm</i>											
	12.00 noon 15 30 45	01.00 pm 15 30 45	02.00 pm 15 30 45	03.00 pm 15 30 45	04.00 pm 15 30 45	05.00 pm 15 30 45	06.00 pm 15 30 45	07.00 pm 15 30 45	08.00 pm 15 30 45	09.00 pm 15 30 45	10.00 pm 15 30 45	11.00 pm 15 30 45
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