

Growing Up
in Ireland
National Longitudinal Study of Children


KEY FINDINGS: 13-YEAR-OLDS
NO. 3
THE FAMILY AND FINANCIAL CIRCUMSTANCES OF 13-YEAR-OLDS

INTRODUCTION
This Key Finding reports on data from the second wave of interviews with Growing Up in Ireland's Child Cohort. The 8,568 children and their families were first interviewed when the children were 9 years old and then at age 13 years, when 7,400 were reinterviewed between August 2011 and February 2012. This Key Finding presents summary information on the family and financial circumstances of the children at 13 years.

The family has the first and most enduring effect on children's development as healthy and socially competent members of society. It is important, therefore, to understand the nature of families and their impact on child outcomes. It is equally important to consider the economic and financial circumstances of children. Those who grow up in adverse financial circumstances face multiple risks and a higher chance of negative outcomes in the immediate and longer term. It is particularly valuable to consider the financial circumstances of children in Ireland in 2012, following four years of economic recession.

## FAMILY CIRCUMSTANCES OF 13-YEAR-OLDS

- For $97 \%$ of 13 -year-olds, the primary caregiver in the home was their mother; for $2 \%$ it was their father, and for the remaining $1 \%$ it was 'another relative', usually a grandparent. ${ }^{1}$
- $81 \%$ of 13 -year-olds lived in two-parent families, the remainder with one parent (Figure 1 ).

Family structure was relatively stable between 9 and 13 years; 3-4\% of children changed from one- to two-parent families, and vice versa

- Family structure in terms of one- and two-parent families remained generally stable between 9 and 13 years of age (Figure 1). The increase in the percentage of one or two child families between 9 and 13 years reflects older siblings, who were resident in the family at the first interview, passing 18 years of age by the second, and so (although generally still resident in the family) no longer being defined as a child.

Figure 1: Changes in family structure between 9 and 13 years of age


- Few 13 -year-olds had experienced changes in family structure since 9 years of age. Figure 2 shows that just $3 \%$ of children had changed from a one-parent to a two-parent family while $4 \%$ had changed from a two- to a one-parent family.

Figure 2: Changes in family structure experienced by children between 9 and 13 years of age


## EMPLOYMENT OF CAREGIVERS OUTSIDE THE HOME

## Almost 60\% of the mothers of 13-year-olds worked outside the home

- The mothers of $59 \%$ of 13 -year-olds were at work outside the home. A further $33 \%$ were engaged in home duties/looking after the home, while just over 3\% were unemployed (Figure 3).
- Better-educated mothers were much more likely to be at work outside the home than others. The percentage of mothers engaged in home duties/looking after the home or unemployed was higher among those who had lower levels of education. Figure 3 shows, for example, that $78 \%$ of graduate mothers were at work outside the home, compared with $60 \%$ of those with a Leaving Certificate and $36 \%$ of those with a Junior Certificate or less.

Figure 3: Relationship between maternal employment and maternal education when the child was 13 years of age


- There was little difference in the overall percentage of mothers who were at work outside the home at 9 and 13 years of age - $57 \%$ and $59 \%$ respectively. The percentage engaged in home duties fell from $38 \%$ to $33 \%$ over this period, while maternal unemployment increased
from virtually none at the time of the first interview to 3\% at the second (Figure 4).
- The percentage of fathers who were at work outside the home fell from $92 \%$ to $84 \%$, while the percentage of fathers who were unemployed increased from $4 \%$ to $10 \%$.

Figure 4: Employment of mothers and fathers when the child was 9 and 13 years of age


Figure 5 summarises changes in the employment status of mothers. It shows the work status when the child was 13 for those mothers who were either at work outside the home or engaged in home duties when the child was aged 9 .

- $11 \%$ of mothers who were at work outside the home when the child was 9 were engaged in home duties when their child was 13.
- $26 \%$ of mothers who were engaged in home duties when the child was 9 worked outside the home when the child was 13.

Figure 5: Work status of mother when child was 13, compared to work status when the child was 9


## HOUSEHOLD INCOME

## Family income varied strongly with mother's education and family type

Families were grouped into one of five income groups ('quintiles') based on standardised income, so that comparisons could be made across families of different sizes and composition. The first income quintile contains the $20 \%$ of families with the lowest incomes and the fifth income quintile contains the $20 \%$ of families with the highest incomes.

- Family income was strongly related to mother's education (Figure 6). Of families where the mother had lower secondary-level education or less, $45 \%$ were in the lowest income quintile and only $5 \%$ were in the highest income quintile.
- In contrast, of families in which the mother had a degree, only $11 \%$ were in the lowest income quintile whereas $35 \%$ were in the highest income quintile.

Figure 6: Income distribution of mothers of 13-year-olds in quintiles, in relation to their education


## Household income also differed by family type

- One-parent families had lower income levels than two-parent families (Figure 7): 62\% of smaller and $77 \%$ of larger one-parent families were in the lowest two income quintiles. This compares with $41 \%$ of smaller two-parent and $48 \%$ of larger two-parent families.
- One-parent families were much less likely to be in the highest income quintiles. Only 7\% of smaller and 3\% of larger one-parent families were in the highest income quintile compared with $19 \%$ and $15 \%$ of corresponding two-parent families.

Figure 7: Income distribution of families of 13-year-olds in quintiles, in relation to family structure


## ‘MAKING ENDS MEET’ AND THE EFFECTS OF THE RECESSION

## 'Difficulties in making ends meet' varied by

 family structureMothers described how much difficulty they were experiencing in making ends meet, using the following categories: with great difficulty; with difficulty; with some difficulty; fairly easily; easily, and very easily

- $61 \%$ of 13 -year-olds' families said they were experiencing some level of difficulty in making ends meet (Figure 8).
- The effects of the recession which Ireland has experienced since 2008 were clearly reflected in the changes from when the child was 9 years of age. At that time only about 7\% of families were experiencing some or great difficulty in making ends meet. Four years later, this figure had more than tripled - to $23 \%$ (Figure 8).
- Economic strain was more likely to be experienced by one-parent than two-parent families (Figure 9): 36\% of smaller one-parent families and $47 \%$ of larger ones said they were experiencing great difficulty/difficulty in making ends meet. This compares with $19-20 \%$ of twoparent families.

Figure 8: Percentage of families experiencing difficulty in making ends meet when the child was 9 and 13 years old


Figure 9: Percentage of families of 13-year-olds experiencing difficulty in making ends meet, by family structure


61\% of families said they had been affected by the recession to a significant degree

Parents described the effect of the recession on their family by stating whether or not it had had a very significant effect; a significant effect; a small effect, or no effect at all.

- Most families had been affected by the recession; $23 \%$ said it had had a very significant effect while a further $38 \%$ said it had had a significant effect on them. Only 6\% said it had had no effect at all.

The $94 \%$ of families who said that the recession had had an effect on them were asked to indicate the
nature of those effects, from a pre-coded list of 10 (Figure 10).

- The most frequently mentioned effect was a reduction in wages, for $68 \%$ of families.
- Reductions in social welfare payments and being unable to afford luxuries were the next most frequently mentioned areas, by $53-55 \%$ of families.
- Particularly worrying are the facts that $31 \%$ of these families said they could not afford, or had to cut back on basics; $13 \%$ were behind with utility bills; and $11 \%$ were behind with the rent/mortgage.

Figure 10: Effects of the recession on 13-year-olds' families


The effects of the recession were felt differently according to levels of maternal education (Figure 11).

- $60 \%$ of families with the lowest levels of maternal education said they couldn't afford luxuries as a result of the recession, compared to $53 \%$ for affected families overall (Figure 11).
- Being unable to afford or having to cut back on basics as a result of the recession was mentioned by $41 \%$ of those with the lowest level of education, compared to $31 \%$ of all affected families.
- Being behind with the rent/mortgage or being behind with utility bills was mentioned by about one-inten families affected by the recession. However, more than twice as many families in the least educated group experienced these particular difficulties compared to those with a degree (Figure 11).

Figure 11: Differences in selected effects of recession classified by maternal education


## SUMMARY

The majority ( $81 \%$ ) of 13 -year-olds lived in twoparent families, the main caregiver generally being their mother. Family structures were broadly stable between 9 and 13 years; just over 3\% of the children changed from one-parent to two-parent families over the period in question, while 4\% changed from two-parent to one-parent families.

The mother's employment status was strongly related to her education. Better-educated mothers were much more likely to be at work outside the home. Family income (adjusted to account for differences in size and composition of family) was also strongly related to mother's education and family structure.

The effects of the recession of the last four years were clearly felt by families with 13 -year-olds. The extent of difficulties experienced in making ends meet increased substantially - $29 \%$ were experiencing difficulties at the first interview compared with $61 \%$ at the second. Of most concern is the substantial minorities of families who, at the time of interview, could not afford or had to cut back on basics ( $31 \%$ ) or who were behind with their utility bills ( $13 \%$ ) or rent/mortgage payments ( $11 \%$ ).

> Growing Up in Ireland is the National Longitudinal Study of Children. It tracks the development of two nationally representative cohorts of children: a Child Cohort (interviewed initially at 9 years and subsequently at 13 years) and an Infant Cohort (interviewed initially at 9 months and subsequently at 3 years).

The Study is funded by the Department of Children and Youth Affairs, in association with the Department of Social Protection and the Central Statistics Office. It is being carried out by a consortium of researchers led by the Economic and Social Research Institute (ESRI) and Trinity College Dublin (TCD).

The first wave of fieldwork with the families of the older Child Cohort included 8,568 9-year-olds, their parents and carers, teachers and school principals. Interviews began in September 2007 and were completed in March 2008. The second round of interviews with this cohort took place between August 2011 and February 2012. Ninety per cent of the original sample of 9-year-olds were successfully re-interviewed.

## Access to Crowing Up in Ireland data

An anonymised version of all quantitative and qualitative data collected in Growing Up in Ireland is being made available through the Irish Social Science Data Archive (ISSDA) at:
http://www.ucd.ie/issda/data/growingupinireland/ and the Irish Qualitative Data Archive (IQDA) at: http://www.iqda.ie/content/growing-ireland


If you would like further information about Growing Up in Ireland:

## Thank-you to all participants

> The success of Growing Up in Ireland is the result of contributions from a large range of individuals, organisations and groups, many of whom helped to recruit the sample and collect the data. We are particularly grateful to the thousands of families from every part of the country who gave so generously of their time on two occasions to make this Study possible. A very big 'thank-you' to the children and their families.

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[^0]:    (Figures based on preliminary analysis and may be subject to change)

