

## *Young Person Sensitive Questions [if consent given by PCG]*

### *Where they get information on sex and / or relationship:*

- School – RSE
- Parents
- Other sources – family, friends, internet, TV, etc.

### *Sexual Orientation and Puberty*

- Do they have a boyfriend/girlfriend
- Who are they attracted to – girls, boys, both, no-one, still deciding
- Have girls started their periods
- Have boys' voices changed

### *Anti-social behavior*

- How often have they done activities, such as:
  - Not paid the correct fare on a bus or train
  - Stole
  - Carried a knife or weapon
  - Graffiti
  - Hit, kicked or punched someone on purpose
- Have they ever been in trouble with the guards?

### *Mental Health Symptoms*

- Ways they have been feeling or acting recently, such as:
  - miserable or unhappy
  - very restless
  - no good any more
  - cried a lot
  - found it hard to think properly or concentrate
  - hated themselves
  - lonely
  - like nobody really loved them
- Have they ever heard voices or sounds that no-one else can hear

### *Experience of Bullying and Bullying Others*

- Have they been bullied in the last 3 months
- Have they experienced bullying behaviours from a child or young person, such as:
  - Been hit, kicked or punched
  - Name-calling, hurtful slugging
  - Had something hurtful posted online
  - Exclusion (being left out)
  - Threatened / forced to do things
- Did the bully intend to be hurtful
- Was the young person upset, afraid or angry
- Have they told someone about it
- Have they bullied someone in the last 3 months

### *Cigarettes, alcohol and other substances*

- Do they smoke cigarettes / e-cigarettes
- Do they drink alcohol
- Do they take drugs (cannabis, sniff glue, other drugs such as ecstasy, speed etc.)

### *Parenting Style Questionnaire for main person who looks after 13-year-old*

- Relationship with parent/guardian, such as:
  - How well do they get on
  - They hardly ever praise young person for doing well
  - Can count on them to help out if they have a problem
  - They do things that are fun together

### *Physical measurements*

- Height
- Weight

### *Being an adult*

- What they are looking forward to about being an adult – studying; getting a job, travelling etc.

If you want to see the exact questions that will be asked, email us at [growingupat13@esri.ie](mailto:growingupat13@esri.ie) and we will send you a blank copy of the questionnaire.